

# Ramsay Health Plus, located at Mt Wilga supports people to either commence or return to driving.

Mt Wilga has been supporting adults of all ages for more than 60 years, including those with severe illness, injury and disability to achieve their goals for maximum independence in the community.

The ability to drive is an important part of everyday life. It enhances your lifestyle and contributes to your participation, independence and engagement in the community.

Our driving assessment team consists of qualified and experienced Driver Trained Occupational Therapists who have completed recognised postgraduate studies in "Driver Assessment and Training" and are registered with the Roads and Maritime Services NSW.

# How do I get a Driving Assessment?

To proceed with a driving assessment you will require a Learner's Permit or valid Drivers License, a letter from your Doctor and a NSW Fitness to Drive Assessment Form.

### What does the assessment involve?

An off road assessment will be completed which involves physical, visual and cognitive screening by an Occupational Therapist. Any specific concerns or needs for driving can be reviewed.

This will be followed by an on road assessment in an adapted vehicle fitted with dual brake control (and other modifications as required).

On road assessments can be conducted from Mt Wilga or in your your local area by an Occupational Therapist and Driving Instructor.

# What happens after the assessment?

Following the assessment, feedback on the outcome and recommendations will be provided to you. A written summary will be provided to Roads and Maritime Services NSW and your referring doctor. Your licence status will be determined by Roads and Maritime Services NSW, the state licencing authority.

## What if I need driver training?

We work closely with experienced local driving instructors to co-ordinate any training or lessons that may be required following your assessment.

The Occupational Therapist may prescribe and oversee any vehicle modifications required. We will assist with referral to qualified modifiers as part of the prescription process.

#### How is the assessment funded?

The driving assessment is an outpatient service that is not covered by Medicare. There are a range of funding options available, which may partially or wholly fund the program. You may receive assistance through the National Disability Insurance Scheme (NDIS) in the Improved Daily Living Skills category or third party insurers. If you would like to talk to our team about driving assessments please call 9847 5015 or email therapybookings@mwp.ramsayhealth.com.au.

#### Mt Wilga Private Hospital

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