



# Osteoarthritis Management Program

***Movement is Medicine***

Does osteoarthritis stop your patients from doing the things they love?

Does osteoarthritis keep them awake at night?

Do your hip/knee osteoarthritis patients wish to delay surgery?

Under the guidance of **Professor David Hunter**, Rheumatologist, Mt Wilga now offers a new conservative approach to Osteoarthritis Management in our Day Program.



## Our individually tailored program includes:

- Rheumatologist Musculoskeletal assessment
- Hydrotherapy and Physiotherapy
- Gym based Exercise Physiology
- Dietetic advice for healthy eating and weight management
- Occupational Therapy to educate, equip and empower patients to manage everyday activities including sleep positions, daily living activities and car transfers

Under the Osteoarthritis program, your patients may be covered by their private health insurance.

Assessment Clinic to be held on Tuesdays and supervised therapy groups will be held on a Monday/Thursday and Wednesday/Friday.

Mt Wilga Private Hospital – 66 Rosamond Street, Hornsby NSW 2077  
Visit [mtwilgaprivate.com.au](http://mtwilgaprivate.com.au) or call **02 9847 5000**

GP Referrals: Fax to 9847 5286 or email: [OAMP.MWP@ramsayhealth.com.au](mailto:OAMP.MWP@ramsayhealth.com.au).  
For enquiries please call 9847 5016.



**Mt Wilga  
Private Hospital**  
Part of Ramsay Health Care

# OSTEOARTHRITIS MANAGEMENT PROGRAM REFERRAL FORM

Please tick which hospital you would like your patient referred

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Hunters Hill Private Hospital

☐

Mt Wilga Private Hospital

## Patient Details

Referral Date:

Patient Name:

Date of Birth:

Address:

Phone: (mobile and/or home)

Email:

Diagnosis and Reason for referral:

Co-morbidities:

## Insurance Details

Private Health Fund Name:

Fund Member number:

Medicare Number:

Expiry date:

DVA: Yes ☐ No ☐

DVA Number:

## Referrer Details

Name:

Provider Number:

Address:

Phone: (mobile and/or home)

Email:



**Hunters Hill Private Hospital**

Part of Ramsay Health Care

9 Mount Street

Hunters Hill NSW 2110

Ph: 02 8876 9300 Fax: 02 8876 9436

Email: [oamp.hhp@ramsayhealth.com.au](mailto:oamp.hhp@ramsayhealth.com.au)



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