

RehabilitationCare Mt Wilga Private Rehabilitation Hospital Services

Inpatient Rehabilitation Programs

Orthopaedic/Major Trauma

- Joint Replacement
- Surgical / Fracture Rehabilitation
- Post Op Spinal Rehabilitation

Reconditioning

- Cancer Restorative Post Treatment
- Following acute medical condition/ exacerbation chronic illness
- Pulmonary
- Post Surgery Rehabilitation

Neurological

- Stroke
- Traumatic Brain Injury
- Parkinson's and Extra Pyramidal
- Functional Neurological Disorder
- Guillian-Barre Syndrome
- Post Neurological Surgery
- Spinal Cord Dysfunction

Amputation

- Wound / Oedema Management
- Functional Retraining
- Prosthesis Training

Persistent Pain

- Chronic Low Back Pain
- Persistent Pain Rehabilitation

Cardiac

- Recent Cardiac Event / Surgery

Day Rehabilitation Programs

Orthopaedic & Musculoskeletal Program

- General
- Joint Replacement Rehabilitation
- Post Op Spinal Rehabilitation
- Surgical / Fracture Rehabilitation

Reconditioning Rehabilitation Program

- Falls Prevention
- Diabetes Management
- Post Surgical Rehabilitation
- General Reconditioning
- ACTIVATE CancerCare Reconditioning

Neurological Rehabilitation Program

- General
- Brain Injury
- LSVT/Parkinsons Disease
- Post Polio
- Stroke

Amputee Program

Cardiac Rehabilitation Program

- Phase II Rehabilitation

Lymphoedema Program

- Early Intervention
- Primary/Secondary CPT (Complex Physical Therapy)

Persistent Pain Management Program

- Chronic Pain Conditions

Osteoarthritis Management Program

Outpatient Services

Including therapeutic supports under NDIS

Physiotherapy

- Musculoskeletal
- Neurological
- Vestibular
- Physio Pilates

Hydrotherapy

Exercise Physiology

- 1:1 or Group

Occupational Therapy

- Functional retraining
- Upper limb
- OT Driving Assessment
- Seating Assessment

Speech Therapy

- Communication
- Swallowing
- Cognition

Neuro Psychology

Dietitian

Psychologist

- CBT
- Counselling

Lymphoedema Program

- Assessment and Treatment
- Compression Garment Prescription

Funding Options include Private Health Insurance, WorkCover, iCare (LTCS), SIRA, Medicare Chronic Disease Management Program, Self Funded and NDIS

– Transport available for Day Programs
– Self care accommodation available for relatives or regional Day Program Patients
– NDIS Medium Term / Short Term (Respite Accommodation)

Contact Numbers

Medical Suite Reception: _____ P: 9847 5016

F: 9847 5286

Email: MedicalSuites.MWP@ramsayhealth.com.au

General enquiries _____ P: 9847 5000

Inpatient Admission Bed Manager: _____ P: 9847 5270

F: 9847 5096

Email: referral.MWP@ramsayhealth.com.au

Day Only Admission _____ P: 9847 5257

Email: therapybookings.MWP@ramsayhealth.com.au

Lymphoedema Clinic _____ P: 9847 5345

Outpatients Reception _____ P: 9847 5015

NDIS Office _____ P: 9847 5359



RehabilitationCare

Mt Wilga Private Rehabilitation Hospital

Admitting Specialists



Dr Murat Acar

Rehabilitation Physician

- Neurological
- Amputee
- Orthopaedic
- Reconditioning



Dr Amira Aggour

Rehabilitation Physician

- Musculoskeletal
- Neurological conditions
- Interventional Spasticity management



Dr Simon Chan

Rehabilitation Physician

- Parkinsons
- Orthopaedic rehabilitation
- Cardiac rehabilitation
- Reconditioning
- Interventional Spasticity management



Dr Dhayaparan Ganashan

Rehabilitation Physician

- Orthopaedic rehab



Dr Ajay Kumar

Geriatrician

- Geriatric Medicine
- Dementia
- frailty
- (02) 4392 0418
- centralcoastgeriatrics.com.au



Dr Alan Lam

Rehabilitation Physician

- Neurological
- Orthopaedic & Muskuloskeletal



Dr Arun Mehta

Rehabilitation Physician

- Orthopaedics
- Neurological
- Musculoskeletal
- Reconditioning



Dr Joanna Murray

Rehabilitation Physician

- Reconditioning
- Musculoskeletal
- Cancer reconditioning



Dr Glen Sheh

Pain & Rehabilitation Physician

- Pain Management
- Pharmacology of Pain Medications (musculoskeletal pain and neuropathic pain)
- (02) 9419 2387
- doctorglensheh.com.au



Dr Grace Woon Su Leong

Pain & Rehabilitation Physician

- Lymphoedema
- Spinal Cord Injury
- Neurological Rehab with expertise in:
 - bladder
 - sexuality
 - bowel
 - fertility
 - spasticity & pain management

Outpatient appointments available

66 Rosamond Street Hornsby, NSW 2077
Ph: (02) 9847 5016
Fax: (02) 9847 5286
MedicalSuites.MWP@ramsayhealth.com.au

mtwilgaprivate.com.au

People caring for people.



**Mt Wilga
Private Hospital**
Part of Ramsay Health Care